

**South Orange / Maplewood Cal Ripken Baseball**  
**Agreement to Abide by Pitch Counts – Babe Ruth League**

In order to protect the arms of young players, SOM Baseball has strict rules about players who are playing for other teams.

Any player who is playing on a high school team during the SOM Baseball season is ineligible to pitch in SOM Baseball. This determination must be made now. Because this eligibility issue affects the draft, if a player leaves his high school team during the SOM season, or does not actually play for his high school team, he still remains ineligible to pitch in SOM Baseball.

Players who are playing for another team during the SOM Baseball season, other than a high school team, must submit this signed agreement stating that the player, and the player's parents, agree that the player's total pitch counts, for **ALL** teams, shall not exceed the limitations set forth in the SOM Local Rules. The SOM Local Rules are available on the web site, [www.sombaseball.org](http://www.sombaseball.org). A player who does not submit a signed agreement and is playing for another team is ineligible to pitch in SOM Baseball.

If a player who is ineligible to pitch in SOM Baseball pitches even a single pitch in a SOM game, the SOM game will be a forfeit.

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During the spring baseball season, \_\_\_\_\_ (print player name) will be playing baseball in the South Orange / Maplewood Cal Ripken Baseball League as well as for \_\_\_\_\_ (print name of non-SOM Baseball team). Pursuant to SOM Baseball Local Rule 6.4, Player and Player's parent, \_\_\_\_\_ (print parent name), agree to abide by SOM Baseball Local Rule 6 with respect to Player's total pitching in SOM Baseball and the non-SOM Baseball team or league. Specifically, Player's combined pitching in both SOM Baseball and Non-SOM Baseball shall not exceed the following limits:

1. Player shall not pitch more than 75 pitches in any game, though he may complete an at-bat if his pitch count hits 75 during the middle of an at-bat.
2. Player shall be required to have 1 Rest Day (as defined in SOM Baseball Local Rule 6.5) if his pitch count exceeds 20 on a single day, 2 Rest Days if his pitch count exceeds 40 on a single day, and 3 Rest Days if his pitch count exceeds 60 on a single day.

Agreed:

Date:

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Parent Signature